FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	S IN BENEFICIA	L OWNERSHIP

l	OMB APPE	ROVAL
	OMB Number:	3235-0287
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l	hours per response.	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Nelson Ann W						2. Issuer Name and Ticker or Trading Symbol Employers Holdings, Inc. [EIG]									all applic	ctor		10% Ov	/ner
(Last) 10375 PI	`	irst) NAL CIRCLE	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 03/16/2011								X	below)	cer (give title ow) VP, Corp. & I		Other (s below) lic Affairs	·
(Street) RENO NV 89521 (City) (State) (Zip)				4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transa Date (Month/D.				saction	ction 2A. Deemed Execution Date,			quired, Disposed of, or Benefic 3. Transaction Code (Instr. 8) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 5)			ed (A) or	d	5. Amour Securitie Beneficia Owned F Reported	nt of s ally ollowing	Form (D) o	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership		
Common Stock, par value \$0.01 03/16/				16/201	/2011		Code	v	Amount 6,600	(A) o (D)	Pilce		Transact (Instr. 3 a	tion(s)		D	(Instr. 4)		
	7		Table II -	<u> </u> Deriva	ative	Sec	urities .	Acqı ants	uired, D , option	ispo	sed of,	or Ben	eficiall						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisa Expiration Date (Month/Day/Yea			of Securi Underlyir Derivativ	7. Title and Amount of Securities Underlying Derivative Security Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transactie (Instr. 4)	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)
					Code	v	(A)	(D)	Date Exercisabl		xpiration ate	Title	Amoun or Numbe of Shares						
Employee Stock Option (right to	\$19.81	03/16/2011			A		18,456		(2)	0	3/16/2018	Common Stock, par value \$0.01	18,450	5	\$0	18,45	6	D	

Explanation of Responses:

- 1. Represents restricted stock units that vest in four equal annual installments beginning on March 16, 2012 (subject to the reporting person's continued employment on such dates).
- 2. The option vests in four equal annual installments beginning on March 16, 2012 (subject to the reporting person's continued employment on such dates).

/s/ Ann W. Nelson 03/18/2011

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.