FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

washington, D.C. 20049	OMB APPROVAL			
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235-02		
	Fotimated average burden			

287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*					2. Issuer Name and Ticker or Trading Symbol Employers Holdings, Inc. [EIG]										Check	all app Direc	licable) tor		Owner
(Last) 10375 PF	(Fii	rst) (Middle)			ate o 28/2		st Trans	action (M	onth/	X Officer (give title Other (specification) EVP, Chief Admin Officer							w)	
(Street) RENO (City)	NV (St		39521 Zip)		4. If								. Indivi ine) X	,					
		Tabl	e I - Nor	n-Deriv	ative	Se	curitie	es Acc	quired,	Dis	posed o	f, or	Bene	eficia	ally (wne	ed .		
in the or occurry (mounty)				2. Transaction Date (Month/Day/Year)		ar) E	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)						4 and Secur Benef		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(<i>A</i>	A) or))	Price	Transa		ction(s) 3 and 4)		(,
Common Stock, par value \$0.01				05/28	8/2011						563		D	\$ <mark>16</mark>	16.37		6,136	D	
Common Stock, par value \$0.01				05/29/2011					F		496		D	\$16	\$16.37		5,640	D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)		Of Deriv Secu Acqu (A) O Dispo of (D (Insti	of		xercis in Date ay/Ye		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		str. 3	8. Pri Deriv Secu (Instr	ative rity	9. Number of derivative Securities Beneficially Owned Following Reported Transactions (Instr. 4)	Ownershi Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)
				Co	Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	or	ount nber res					

Explanation of Responses:

/s/ John P. Nelson

05/31/2011

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.