SEC	Form	4
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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		Person*	2. Issuer Name and Ticker or Trading Symbol Employers Holdings, Inc. [EIG]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
			<u></u>	X	Director	10% Owner				
(Last) 10375 PRC	(First) (Middle) DFESSIONAL CIRCLE		3. Date of Earliest Transaction (Month/Day/Year) 04/14/2016	_ x	Officer (give title below) President 8	Other (specify below) z CEO				
(Street) RENO	NV	89521	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indi Line) X	vidual or Joint/Group Filin Form filed by One Re	porting Person				
(City)	(State)	(Zip)	—		Form filed by More th Person	an One Reporting				

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)
Common Stock, par value \$0.01	04/14/2016		М		1,371 ⁽¹⁾	A	\$15.31	301,473	D	
Common Stock, par value \$0.01	04/14/2016		S		1,371(1)	D	\$28.51 ⁽²⁾	300,102	D	
Common Stock, par value \$0.01	04/15/2016		М		4,015 ⁽¹⁾	A	\$15.31	304,117	D	
Common Stock, par value \$0.01	04/15/2016		S		4,015(1)	D	\$28.51 ⁽²⁾	300,102	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		Deri Secu Acq or D of (E	umber of vative urities uired (A) isposed D) (Instr. and 5)	6. Date Exerc Expiration Da (Month/Day/)	ate	Amount of		Amount of Securities Underlying Derivative Security		Amount of Securities Underlying Derivative Security		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)						
Employee Stock Option (right to buy)	\$15.31	04/14/2016		М			1,371 ⁽¹⁾	(3)	03/30/2017	Common Stock, par value \$0.01	1,371	\$0	70,912	D					
Employee Stock Option (right to buy)	\$15.31	04/15/2016		М			4,015 ⁽¹⁾	(3)	03/30/2017	Common Stock, par value \$0.01	4,015	\$0	66,897	D					

Explanation of Responses:

1. The options exercised were part of a 10b5-1 plan filed by the officer.

2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions. The reporting person undertakes to provide to Employers Holdings, Inc.("EHI"), any security holder

of EHI or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

3. The option is fully vested and immediately exercisable.

Remarks:

/s/	Do	uglas	s D.	Dirks	

** Signature of Reporting Person

04/18/2016

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.