FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See	STATEMENT OF CHAN
 Instruction 1(b).	Filed pursuant to Section or Section 30(h) o

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

1. Name and Address of Reporting Person*				2. Issuer Name and Ticker or Trading Symbol Employers Holdings, Inc. [EIG]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
Nelson Jo (Last) 10375 PRO	(First) FESSIONAL CIR	(Middle)		e of Earliest Trans			x	Director Officer (give title below) EVP, Chief A		,		
(Street) <u>RENO</u> <u>NV</u> <u>89521</u> (City) (State) (Zip)			4. lf Ar	4. If Amendment, Date of Original Filed (Month/Day/Year)				6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1 Title of Coourity (Instr. 2)			Transaction	24 Deemed	2	A Securities Acquired (A)	or	5 Amount of	6 Ownership	7 Naturo		

1. The of Security (insu: 3)	Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.		Disposed Of (D) (Instr. 3, 4 and 5)			Securities Beneficially	(D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)
Common Stock, par value \$0.01	05/29/2009		F		496 ⁽¹⁾	D	\$12.21	17,504	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 6. Date Exercisable and Expiration Date (Month/Day/Year) 8. Price of Derivative 1. Title of 3. Transaction 7. Title and 9. Number of 3A. Deemed 5. Number 10. 11. Nature Derivative Security (Instr. 3) Transaction Code (Instr. 8) Conversion Execution Date Amount of derivative Ownership of Indirect Date (Month/Day/Year) of Derivative Securities Security (Instr. 5) or Exercise if anv Securities Form: Beneficial Beneficially Owned Direct (D) or Indirect (I) (Instr. 4) Price of Derivative (Month/Day/Year) Securities Underlying Ownership (Instr. 4) Acquired (A) or Disposed Derivative Following Reported Security Security (Instr. 3 and 4) of (D) (Instr. 3, 4 and 5) Transaction(s) (Instr. 4) Amount or Number Expiration Date of Shares Code ν (A) (D) Exercisable Date Title

Explanation of Responses:

1. Shares were withheld from the reporting person solely to satisfy tax obligations arising from the vesting of restricted stock units.

Remarks:

<u>/s/ John P. Nelson</u>

<u>06/01/2009</u>

** Signature of Reporting Person

n Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.