

The Securities and Exchange Commission has not necessarily reviewed the information in this filing and has not determined if it is accurate and complete.

The reader should not assume that the information is accurate and complete.

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549
FORM 13F

FORM 13F COVER PAGE

OMB APPROVAL

OMB Number:	3235-0006
Expires:	Oct 31, 2018
Estimated average burden hours per response:	23.8

Report for the Calendar Year or Quarter Ended: 09-30-2019

Check here if Amendment Amendment Number:
This Amendment (Check only one.): is a restatement.
 adds new holdings entries.

Institutional Investment Manager Filing this Report:

Name: Employers Holdings, Inc.
Address: 10375 PROFESSIONAL CIRCLE
RENO, NV 89521

Form 13F File Number: 028-17655

The institutional investment manager filing this report and the person by whom it is signed hereby represent that the person signing the report is authorized to submit it, that all information contained herein is true, correct and complete, and that it is understood that all required items, statements, schedules, lists, and tables, are considered integral parts of this form.

Person Signing this Report on Behalf of Reporting Manager:

Name: Michael S. Paquette
Title: Executive Vice President, Chief Financial Officer
Phone: 775-327-2706

Signature, Place, and Date of Signing:

/s/ Michael S. Paquette Reno, NV 10-30-2019
[Signature] [City, State] [Date]

Report Type (Check only one.):

13F HOLDINGS REPORT. (Check here if all holdings of this reporting manager are reported in this report.)

13F NOTICE. (Check here if no holdings reported are in this report, and all holdings are reported by other reporting manager(s).)

13F COMBINATION REPORT. (Check here if a portion of the holdings for this reporting manager are reported in this report and a portion are reported by other reporting manager(s).)

Form 13F Summary Page

Report Summary:

Number of Other Included Managers: 1
Form 13F Information Table Entry Total: 187
Form 13F Information Table Value Total: 194,418
(thousands)

List of Other Included Managers:

Provide a numbered list of the name(s) and Form 13F file number(s) of all institutional investment managers with respect to which this report is filed, other than the manager filing this report.

[If there are no entries in this list, state "NONE" and omit the column headings and list entries.]

No.	Form 13F File Number	Name
1	028-10981	Goldman Sachs Asset Management, L.P.

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FORM 13F INFORMATION TABLE

OMB APPROVAL	
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COLUMN 1 NAME OF ISSUER	COLUMN 2 TITLE OF CLASS	COLUMN 3 CUSIP	COLUMN 4 VALUE (x\$1000)	COLUMN 5			COLUMN 6 INVESTMENT DISCRETION	COLUMN 7 OTHER MANAGER	COLUMN 8		
				SHRS OR PRN AMT	SH/ PUT/ CALL	DFND			SOLE	SHARED	NONE
CHUBB LIMITED	COM	H1467J104	224	1,390	SH	DFND	1	1,390	0	0	
JOHNSON CTLS INTL PL	SHS	G51502105	222	5,065	SH	DFND	1	5,065	0	0	
LINDE PLC	SHS	G5494J103	643	3,320	SH	DFND	1	3,320	0	0	
SYSCO CORP	COM	871829107	372	4,680	SH	DFND	1	4,680	0	0	
GILEAD SCIENCES INC	COM	375558103	621	9,795	SH	DFND	1	9,795	0	0	
HARTFORD FINL SVCS G	COM	416515104	551	9,090	SH	DFND	1	9,090	0	0	
EMERSON ELEC CO	COM	291011104	1,367	20,446	SH	DFND	1	20,446	0	0	
STRYKER CORP	COM	863667101	1,965	9,085	SH	DFND	1	9,085	0	0	
WASTE MGMT INC DEL	COM	94106L109	515	4,480	SH	DFND	1	4,480	0	0	
GENERAL MLS INC	COM	370334104	812	14,735	SH	DFND	1	14,735	0	0	
WELLS FARGO CO NEW	COM	949746101	3,641	72,175	SH	DFND	1	72,175	0	0	
GENERAL MTRS CO	COM	37045V100	479	12,775	SH	DFND	1	12,775	0	0	
GENUINE PARTS CO	COM	372460105	390	3,915	SH	DFND	1	3,915	0	0	
WALMART INC	COM	931142103	438	3,691	SH	DFND	1	3,691	0	0	
SOUTHERN CO	COM	842587107	953	15,435	SH	DFND	1	15,435	0	0	
GENERAL DYNAMICS COR	COM	369550108	539	2,950	SH	DFND	1	2,950	0	0	
WALGREENS BOOTS ALLI	COM	931427108	382	6,900	SH	DFND	1	6,900	0	0	
GENERAL ELECTRIC CO	COM	369604103	314	35,115	SH	DFND	1	35,115	0	0	
VERIZON COMMUNICATIO	COM	92343V104	1,468	24,327	SH	DFND	1	24,327	0	0	
FRANKLIN RES INC	COM	354613101	407	14,090	SH	DFND	1	14,090	0	0	
VISA INC	COM CL A	92826C839	620	3,604	SH	DFND	1	3,604	0	0	
GALLAGHER ARTHUR J &	COM	363576109	375	4,190	SH	DFND	1	4,190	0	0	
APPLE INC	COM	037833100	11,074	49,445	SH	DFND	1	49,445	0	0	
ARCHER	COM	039483102	1,178	28,687	SH	DFND	1	28,687	0	0	

DANIELS MIDLA										
AUTOMATIC DATA PROCE	COM	053015103	809	5,010	SH	DFND	1	5,010	0	0
LOCKHEED MARTIN CORP	COM	539830109	898	2,302	SH	DFND	1	2,302	0	0
MAXIM INTEGRATED PRO	COM	57772K101	412	7,115	SH	DFND	1	7,115	0	0
JPMORGAN CHASE & CO	COM	46625H100	5,308	45,105	SH	DFND	1	45,105	0	0
EXXON MOBIL CORP	COM	30231G102	3,808	53,930	SH	DFND	1	53,930	0	0
FASTENAL CO	COM	311900104	288	8,830	SH	DFND	1	8,830	0	0
FIDELITY NATIONAL FI	FNF GROUP COM	31620R303	452	10,180	SH	DFND	1	10,180	0	0
FIFTH THIRD BANCORP	COM	316773100	223	8,155	SH	DFND	1	8,155	0	0
ANTHEM INC	COM	036752103	1,576	6,565	SH	DFND	1	6,565	0	0
INTEL CORP	COM	458140100	1,495	29,015	SH	DFND	1	29,015	0	0
INTERNATIONAL BUSINE	COM	459200101	2,306	15,856	SH	DFND	1	15,856	0	0
ESSEX PPTY TR INC	COM	297178105	214	655	SH	DFND	1	655	0	0
INTL PAPER CO	COM	460146103	635	15,186	SH	DFND	1	15,186	0	0
INTERPUBLIC GROUP CO	COM	460690100	562	26,085	SH	DFND	1	26,085	0	0
HONEYWELL INTL INC	COM	438516106	1,640	9,690	SH	DFND	1	9,690	0	0
HUNTINGTON BANCSHARE	COM	446150104	674	47,260	SH	DFND	1	47,260	0	0
ILLINOIS TOOL WKS IN	COM	452308109	321	2,050	SH	DFND	1	2,050	0	0
DUKE ENERGY CORP NEW	COM NEW	26441C204	1,137	11,860	SH	DFND	1	11,860	0	0
DARDEN RESTAURANTS I	COM	237194105	239	2,020	SH	DFND	1	2,020	0	0
VALERO ENERGY CORP N	COM	91913Y100	279	3,274	SH	DFND	1	3,274	0	0
FORD MTR CO DEL	COM	345370860	1,125	122,825	SH	DFND	1	122,825	0	0
TRAVELERS COMPANIES	COM	89417E109	1,197	8,053	SH	DFND	1	8,053	0	0
KOHL'S CORP	COM	500255104	476	9,585	SH	DFND	1	9,585	0	0
CISCO SYS INC	COM	17275R102	1,294	26,199	SH	DFND	1	26,199	0	0
CITIZENS FINL GROUP	COM	174610105	254	7,190	SH	DFND	1	7,190	0	0
KRAFT HEINZ CO	COM	500754106	667	23,890	SH	DFND	1	23,890	0	0
COCA COLA CO	COM	191216100	1,207	22,171	SH	DFND	1	22,171	0	0
COMCAST CORP NEW	CL A	20030N101	2,412	53,500	SH	DFND	1	53,500	0	0
KEYCORP NEW	COM	493267108	288	16,160	SH	DFND	1	16,160	0	0
EBAY INC	COM	278642103	289	7,425	SH	DFND	1	7,425	0	0
KINDER MORGAN INC DE	COM	49456B101	510	24,725	SH	DFND	1	24,725	0	0
AMGEN INC	COM	031162100	351	1,816	SH	DFND	1	1,816	0	0
AFLAC INC	COM	001055102	913	17,448	SH	DFND	1	17,448	0	0
AT&T INC	COM	00206R102	3,526	93,183	SH	DFND	1	93,183	0	0
ALTRIA GROUP	COM	02209S103	940	22,972	SH	DFND	1	22,972	0	0

INC										
EVEREST RE GROUP LTD	COM	G3223R108	250	940	SH	DFND	1	940	0	0
AMERICAN EXPRESS CO	COM	025816109	1,938	16,381	SH	DFND	1	16,381	0	0
AMERICAN INTL GROUP	COM NEW	026874784	466	8,375	SH	DFND	1	8,375	0	0
MEDTRONIC PLC	SHS	G5960L103	616	5,670	SH	DFND	1	5,670	0	0
AMERICAN TOWER CORP	COM	03027X100	700	3,165	SH	DFND	1	3,165	0	0
ACTIVISION BLIZZARD	COM	00507V109	622	11,750	SH	DFND	1	11,750	0	0
CHEVRON CORP NEW	COM	166764100	2,836	23,910	SH	DFND	1	23,910	0	0
AIR PRODS & CHEMS IN	COM	009158106	1,098	4,947	SH	DFND	1	4,947	0	0
ALLERGAN PLC	SHS	G0177J108	238	1,416	SH	DFND	1	1,416	0	0
CARDINAL HEALTH INC	COM	14149Y108	380	8,061	SH	DFND	1	8,061	0	0
CARNIVAL CORP	UNIT 99/99/9999	143658300	528	12,080	SH	DFND	1	12,080	0	0
ABBOTT LABS	COM	002824100	2,066	24,690	SH	DFND	1	24,690	0	0
CENTERPOINT ENERGY I	COM	15189T107	417	13,805	SH	DFND	1	13,805	0	0
JOHNSON & JOHNSON	COM	478160104	3,006	23,237	SH	DFND	1	23,237	0	0
DISNEY WALT CO	COM DISNEY	254687106	1,321	10,140	SH	DFND	1	10,140	0	0
DISCOVER FINL SVCS	COM	254709108	221	2,720	SH	DFND	1	2,720	0	0
PNC FINL SVCS GROUP	COM	693475105	343	2,448	SH	DFND	1	2,448	0	0
DEERE & CO	COM	244199105	1,470	8,715	SH	DFND	1	8,715	0	0
PAYCHEX INC	COM	704326107	898	10,850	SH	DFND	1	10,850	0	0
DELTA AIR LINES INC	COM NEW	247361702	360	6,255	SH	DFND	1	6,255	0	0
NORFOLK SOUTHERN COR	COM	655844108	244	1,360	SH	DFND	1	1,360	0	0
NORTHERN TR CORP	COM	665859104	251	2,690	SH	DFND	1	2,690	0	0
OMNICOM GROUP INC	COM	681919106	206	2,633	SH	DFND	1	2,633	0	0
ORACLE CORP	COM	68389X105	979	17,787	SH	DFND	1	17,787	0	0
MERCK & CO INC	COM	58933Y105	2,077	24,679	SH	DFND	1	24,679	0	0
MICROSOFT CORP	COM	594918104	6,424	46,209	SH	DFND	1	46,209	0	0
CME GROUP INC	COM	12572Q105	292	1,380	SH	DFND	1	1,380	0	0
QUALCOMM INC	COM	747525103	1,211	15,871	SH	DFND	1	15,871	0	0
CNA FINL CORP	COM	126117100	226	4,580	SH	DFND	1	4,580	0	0
RAYTHEON CO	COM NEW	755111507	338	1,725	SH	DFND	1	1,725	0	0
CVS HEALTH CORP	COM	126650100	1,846	29,264	SH	DFND	1	29,264	0	0
BERKSHIRE HATHAWAY I	CL B NEW	084670702	1,847	8,880	SH	DFND	1	8,880	0	0
PFIZER INC	COM	717081103	1,734	48,252	SH	DFND	1	48,252	0	0
BRISTOL MYERS SQUIBB	COM	110122108	633	12,475	SH	DFND	1	12,475	0	0

PHILLIPS 66	COM	718546104	889	8,681	SH	DFND	1	8,681	0	0
PROCTER & GAMBLE CO	COM	742718109	2,725	21,905	SH	DFND	1	21,905	0	0
V F CORP	COM	918204108	264	2,965	SH	DFND	1	2,965	0	0
AVALONBAY CMNTYS INC	COM	053484101	308	1,430	SH	DFND	1	1,430	0	0
BB&T CORP	COM	054937107	527	9,868	SH	DFND	1	9,868	0	0
TEXAS INSTRS INC	COM	882508104	1,270	9,828	SH	DFND	1	9,828	0	0
BANK NEW YORK MELLON	COM	064058100	365	8,064	SH	DFND	1	8,064	0	0
3M CO	COM	88579Y101	1,283	7,804	SH	DFND	1	7,804	0	0
BECTON DICKINSON & C	COM	075887109	362	1,431	SH	DFND	1	1,431	0	0
PEPSICO INC	COM	713448108	1,562	11,384	SH	DFND	1	11,384	0	0
DOMINION ENERGY INC	COM	25746U109	1,067	13,165	SH	DFND	1	13,165	0	0
US BANCORP DEL	COM NEW	902973304	712	12,862	SH	DFND	1	12,862	0	0
UNION PACIFIC CORP	COM	907818108	3,191	19,700	SH	DFND	1	19,700	0	0
CROWN CASTLE INTL CO	COM	22822V101	238	1,710	SH	DFND	1	1,710	0	0
UNITED PARCEL SERVIC	CL B	911312106	458	3,824	SH	DFND	1	3,824	0	0
UNITED TECHNOLOGIES	COM	913017109	1,176	8,615	SH	DFND	1	8,615	0	0
UNITEDHEALTH GROUP I	COM	91324P102	3,442	15,840	SH	DFND	1	15,840	0	0
CUMMINS INC	COM	231021106	579	3,559	SH	DFND	1	3,559	0	0
SUN CMNTYS INC	COM	866674104	235	1,585	SH	DFND	1	1,585	0	0
ONEOK INC NEW	COM	682680103	395	5,355	SH	DFND	1	5,355	0	0
PPL CORP	COM	69351T106	931	29,560	SH	DFND	1	29,560	0	0
L3HARRIS TECHNOLOGIE	COM	502431109	451	2,160	SH	DFND	1	2,160	0	0
METLIFE INC	COM	59156R108	1,153	24,450	SH	DFND	1	24,450	0	0
REPUBLIC SVCS INC	COM	760759100	232	2,680	SH	DFND	1	2,680	0	0
EATON CORP PLC	SHS	G29183103	469	5,640	SH	DFND	1	5,640	0	0
PUBLIC STORAGE	COM	74460D109	242	985	SH	DFND	1	985	0	0
BOEING CO	COM	097023105	1,697	4,460	SH	DFND	1	4,460	0	0
AMCOR PLC	ORD	G0250X107	310	31,750	SH	DFND	1	31,750	0	0
NVIDIA CORP	COM	67066G104	529	3,040	SH	DFND	1	3,040	0	0
MICRON TECHNOLOGY IN	COM	595112103	231	5,395	SH	DFND	1	5,395	0	0
ALLIANCE DATA SYSTEM	COM	018581108	265	2,070	SH	DFND	1	2,070	0	0
FACEBOOK INC	CL A	30303M102	2,040	11,453	SH	DFND	1	11,453	0	0
URBAN OUTFITTERS INC	COM	917047102	211	7,525	SH	DFND	1	7,525	0	0
COMMSCOPE HLDG CO IN	COM	20337X109	143	12,120	SH	DFND	1	12,120	0	0
MACERICH CO	COM	554382101	518	16,395	SH	DFND	1	16,395	0	0
SENIOR HSG PPTYS TR	SH BEN INT	81721M109	473	51,105	SH	DFND	1	51,105	0	0
PPG INDS INC	COM	693506107	1,019	8,600	SH	DFND	1	8,600	0	0
CONOCOPHILLIPS	COM	20825C104	890	15,621	SH	DFND	1	15,621	0	0

BROADCOM INC	COM	11135F101	304	1,100	SH	DFND	1	1,100	0	0
ALPHABET INC	CAP STK CL C	02079K107	1,588	1,303	SH	DFND	1	1,303	0	0
ABBVIE INC	COM	00287Y109	1,136	15,000	SH	DFND	1	15,000	0	0
ADOBE INC	COM	00724F101	414	1,500	SH	DFND	1	1,500	0	0
EXELON CORP	COM	30161N101	643	13,300	SH	DFND	1	13,300	0	0
BEST BUY INC	COM	086516101	407	5,900	SH	DFND	1	5,900	0	0
CITIGROUP INC	COM NEW	172967424	302	4,375	SH	DFND	1	4,375	0	0
PARKER HANNIFIN CORP	COM	701094104	1,084	6,000	SH	DFND	1	6,000	0	0
AMERIPRISE FINL INC	COM	03076C106	510	3,466	SH	DFND	1	3,466	0	0
MOTOROLA SOLUTIONS I	COM NEW	620076307	297	1,742	SH	DFND	1	1,742	0	0
WHIRLPOOL CORP	COM	963320106	404	2,550	SH	DFND	1	2,550	0	0
MCDONALDS CORP	COM	580135101	730	3,400	SH	DFND	1	3,400	0	0
FISERV INC	COM	337738108	331	3,200	SH	DFND	1	3,200	0	0
STARBUCKS CORP	COM	855244109	1,659	18,760	SH	DFND	1	18,760	0	0
CATERPILLAR INC DEL	COM	149123101	306	2,420	SH	DFND	1	2,420	0	0
BERKSHIRE HATHAWAY I	CL A	084670108	624	2	SH	DFND	1	2	0	0
ALPHABET INC	CAP STK CL A	02079K305	1,587	1,300	SH	DFND	1	1,300	0	0
AUTOZONE INC	COM	053332102	618	570	SH	DFND	1	570	0	0
MONDELEZ INTL INC	CL A	609207105	407	7,349	SH	DFND	1	7,349	0	0
PAYPAL HLDGS INC	COM	70450Y103	611	5,900	SH	DFND	1	5,900	0	0
E TRADE FINANCIAL CO	COM NEW	269246401	212	4,850	SH	DFND	1	4,850	0	0
YUM BRANDS INC	COM	988498101	2,463	21,710	SH	DFND	1	21,710	0	0
BAXTER INTL INC	COM	071813109	280	3,200	SH	DFND	1	3,200	0	0
AMAZON COM INC	COM	023135106	3,020	1,740	SH	DFND	1	1,740	0	0
SIMON PPTY GROUP INC	COM	828806109	235	1,512	SH	DFND	1	1,512	0	0
NORTHROP GRUMMAN COR	COM	666807102	637	1,700	SH	DFND	1	1,700	0	0
INTUIT	COM	461202103	452	1,700	SH	DFND	1	1,700	0	0
PHILIP MORRIS INTL I	COM	718172109	812	10,700	SH	DFND	1	10,700	0	0
TJX COS INC NEW	COM	872540109	491	8,800	SH	DFND	1	8,800	0	0
SALESFORCE COM INC	COM	79466L302	445	3,000	SH	DFND	1	3,000	0	0
NETFLIX INC	COM	64110L106	482	1,800	SH	DFND	1	1,800	0	0
BANK AMER CORP	COM	060505104	1,772	60,750	SH	DFND	1	60,750	0	0
NIKE INC	CL B	654106103	2,442	26,000	SH	DFND	1	26,000	0	0
THERMO FISHER SCIENT	COM	883556102	437	1,500	SH	DFND	1	1,500	0	0
OCCIDENTAL PETE CORP	COM	674599105	305	6,858	SH	DFND	1	6,858	0	0

BIOGEN INC	COM	09062X103	349	1,500	SH	DFND	1	1,500	0	0
S&P GLOBAL INC	COM	78409V104	416	1,700	SH	DFND	1	1,700	0	0
CABOT OIL & GAS CORP	COM	127097103	249	14,200	SH	DFND	1	14,200	0	0
COSTCO WHSL CORP NEW	COM	22160K105	1,037	3,600	SH	DFND	1	3,600	0	0
QUEST DIAGNOSTICS IN	COM	74834L100	706	6,600	SH	DFND	1	6,600	0	0
NEXTERA ENERGY INC	COM	65339F101	461	1,980	SH	DFND	1	1,980	0	0
INTUITIVE SURGICAL I	COM NEW	46120E602	486	900	SH	DFND	1	900	0	0
FORTIVE CORP	COM	34959J108	1,167	17,020	SH	DFND	1	17,020	0	0
DANAHER CORPORATION	COM	235851102	4,387	30,375	SH	DFND	1	30,375	0	0
CABOT OIL & GAS CORP	COM	127097103	326	14,200	SH	DFND	1	14,200	0	0
COSTCO WHSL CORP NEW	COM	22160K105	951	3,600	SH	DFND	1	3,600	0	0
QUEST DIAGNOSTICS IN	COM	74834L100	672	6,600	SH	DFND	1	6,600	0	0
CHEVRON CORP NEW	COM	166764100	1,664	13,375	SH	DFND	1	13,375	0	0
CVS HEALTH CORP	COM	126650100	1,060	19,449	SH	DFND	1	19,449	0	0
NEXTERA ENERGY INC	COM	65339F101	406	1,980	SH	DFND	1	1,980	0	0
AMERICAN EXPRESS CO	COM	025816109	1,799	14,571	SH	DFND	1	14,571	0	0
MICROSOFT CORP	COM	594918104	3,796	28,339	SH	DFND	1	28,339	0	0
KLA-TENCOR CORP	COM	482480100	106	900	SH	DFND	1	900	0	0
INTUITIVE SURGICAL I	COM NEW	46120E602	472	900	SH	DFND	1	900	0	0
FORTIVE CORP	COM	34959J108	1,387	17,020	SH	DFND	1	17,020	0	0
DANAHER CORPORATION	COM	235851102	4,865	34,040	SH	DFND	1	34,040	0	0