## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington D.C. 20549

Washington, D.C. 20040	

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average h	nurden								

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

1. Name and Address of Reporting Person*  Rumbolz Michael D						2. Issuer Name <b>and</b> Ticker or Trading Symbol Employers Holdings, Inc. [ EIG ]											k all app	onship of Reporting Person(s) all applicable) Director 10			suer	
(Last) (First) (Middle) 10375 PROFESSIONAL CIRCLE						3. Date of Earliest Transaction (Month/Day/Year) 05/13/2009									$\dashv$	X		er (give title			(specify	
(Street) RENO (City)	NV		89521 (Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Indi Line)	Forn Forn	rial or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person				
(City)	(30		le I - Nor	n-Deriv	ative	Se	curiti	es Ac	auir	ed. [		osed o	f. o	r Be	nefic	ially	Owne					
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		ar)	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Tr	3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3,			ed (A) o	r	5. Amo Securi Benefi Owned	5. Amount of Securities Beneficially Owned Following		wnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership		
									C	ode	v	Amount		(A) or (D)	Pric	e	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock, par value \$0.01 05/13					/2009	2009			P		1,000		A	\$	\$10		9,593		D			
Common Stock, par value \$0.01 05/13					/2009	2009				P		200		A	\$9	\$9.92		9,793		D		
Common Stock, par value \$0.01 05/13				3/2009					P		300		A	\$9.94		10,093			D			
		Та	able II - I									sed of, onvertib					wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	n Date, ay/Year)	4. Transaction Code (Instr. B)		n of r. Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Expi (Mor	iration nth/Da	Date y/Yea		or		of s g e ilnstr. 3 mount r umber f	Deri Sec (Ins	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Ownership Form: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

**Explanation of Responses:** 

Remarks:

/s/ Lenard T. Ormsby, attorney in fact

05/15/2009

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

## POWER OF ATTORNEY

I, Michael D. Rumbolz, hereby constitute and appoint Lenard T. Ormsby as my true and lawful attorney-in-fact and agent, with full power of substitution and resubstitution for me and in my name, place and stead, in any and all capacities, to sign any or all required filings or amendments to such filings with the Securities and Exchange Commission (the "SEC") with respect to my reporting obligations under Section 16 of the Securities Exchange Act of 1934, as amended, for EIG Mutual Holding Company (to be renamed Employers Holdings, Inc.) and to file the same with the SEC, granting unto said attorney-in-fact and agents, and each of them, full power and authority to do and perform each and every act and thing necessary or appropriate to be done with respect to such filings in the premises, as fully to all intents and purposes as he might or could do in person, hereby ratifying and confirming all that said attorney-in-fact and agents, or any of them, or their or his substitute or substitutes, may lawfully do or cause to be done by virtue thereof. This power of attorney shall continue in effect until specifically terminated in writing by

/s/ Michael D. Rumbolz Name: Michael D. Rumbolz

STATE OF NEVADA

COUNTY OF CLARK

The foregoing instrument was acknowledged before me this 26th day of January, 2007 by Michael D. Rumbolz, who is personally known to me or who has produced US passport as identification.

/s/ Bonnie S. Pond Signature of person taking acknowledgment

Bonnie S. Pond Name typed, printed, or stamped

Notary Public Title or rank

94-2025-1 Serial number (if applicable)