

The Securities and Exchange Commission has not necessarily reviewed the information in this filing and has not determined if it is accurate and complete.

The reader should not assume that the information is accurate and complete.

UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549  
FORM 13F

FORM 13F COVER PAGE

OMB APPROVAL

OMB Number:	3235-0006
Expires:	Oct 31, 2018
Estimated average burden hours per response:	23.8

Report for the Calendar Year or Quarter Ended: 06-30-2019

Check here if Amendment  Amendment Number: \_\_\_\_\_  
This Amendment (Check only one.):  is a restatement.  
 adds new holdings entries.

Institutional Investment Manager Filing this Report:

Name: Employers Holdings, Inc.  
Address: 10375 PROFESSIONAL CIRCLE  
RENO, NV 89521

Form 13F File Number: 028-17655

The institutional investment manager filing this report and the person by whom it is signed hereby represent that the person signing the report is authorized to submit it, that all information contained herein is true, correct and complete, and that it is understood that all required items, statements, schedules, lists, and tables, are considered integral parts of this form.

Person Signing this Report on Behalf of Reporting Manager:

Name: Michael S. Paquette  
Title: Executive Vice President, Chief Financial Officer  
Phone: 775-327-2706

Signature, Place, and Date of Signing:

/s/ Michael S. Paquette      Reno, NV      08-02-2019  
[Signature]                      [City, State]                      [Date]

Report Type (Check only one.):

X 13F HOLDINGS REPORT. (Check here if all holdings of this reporting manager are reported in this report.)

13F NOTICE. (Check here if no holdings reported are in this report, and all holdings are reported by other reporting manager(s).)

13F COMBINATION REPORT. (Check here if a portion of the holdings for this reporting manager are reported in this report and a portion are reported by other reporting manager(s).)

Form 13F Summary Page

Report Summary:

Number of Other Included Managers:	1
Form 13F Information Table Entry Total:	187
Form 13F Information Table Value Total:	179,201

(thousands)

List of Other Included Managers:

Provide a numbered list of the name(s) and Form 13F file number(s) of all institutional investment managers with respect to which this report is filed, other than the manager filing this report.

[If there are no entries in this list, state "NONE" and omit the column headings and list entries.]

No.	Form 13F File Number	Name
1	028-10981	Goldman Sachs Asset Management, L.P.

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FORM 13F INFORMATION TABLE

OMB APPROVAL	
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COLUMN 1	COLUMN 2	COLUMN 3	COLUMN 4	COLUMN 5			COLUMN 6	COLUMN 7	COLUMN 8		
NAME OF ISSUER	TITLE OF CLASS	CUSIP	VALUE (x\$1000)	SHRS OR PRN AMT	SH/ PRN	PUT/ CALL	INVESTMENT DISCRETION	OTHER MANAGER	SOLE	SHARED	NONE
EQM MIDSTREAM PARTNE	UNIT LTD PARTN	26885B100	713	15,962	SH		DFND	1	15,962	0	0
ENLINK MIDSTREAM LLC	COM UNIT REP LTD	29336T100	658	65,230	SH		DFND	1	65,230	0	0
TRAVELERS COMPANIES	COM	89417E109	2,236	14,953	SH		DFND	1	14,953	0	0
CARDINAL HEALTH INC	COM	14149Y108	1,127	23,931	SH		DFND	1	23,931	0	0
KONTOOR BRANDS INC	COM	50050N103	60	2,126	SH		DFND	1	2,126	0	0
MERCK & CO INC	COM	58933Y105	2,707	32,289	SH		DFND	1	32,289	0	0
AFLAC INC	COM	001055102	2,120	38,683	SH		DFND	1	38,683	0	0
BLACKROCK INC	COM	09247X101	1,376	2,933	SH		DFND	1	2,933	0	0
BB&T CORP	COM	054937107	1,430	29,113	SH		DFND	1	29,113	0	0
HOME DEPOT INC	COM	437076102	1,461	7,023	SH		DFND	1	7,023	0	0
INTL PAPER CO	COM	460146103	1,349	31,131	SH		DFND	1	31,131	0	0
UNITED PARCEL SERVIC	CL B	911312106	1,218	11,799	SH		DFND	1	11,799	0	0
COCA COLA CO	COM	191216100	1,980	38,881	SH		DFND	1	38,881	0	0
PNC FINL SVCS GROUP	COM	693475105	1,416	10,318	SH		DFND	1	10,318	0	0
OMNICOM GROUP INC	COM	681919106	1,408	17,178	SH		DFND	1	17,178	0	0
WALMART INC	COM	931142103	1,451	13,136	SH		DFND	1	13,136	0	0
PROCTER AND GAMBLE C	COM	742718109	3,146	28,695	SH		DFND	1	28,695	0	0
HERSHEY CO	COM	427866108	1,575	11,749	SH		DFND	1	11,749	0	0
TARGET CORP	COM	87612E106	1,550	17,902	SH		DFND	1	17,902	0	0
LOCKHEED MARTIN CORP	COM	539830109	2,146	5,902	SH		DFND	1	5,902	0	0
JPMORGAN CHASE & CO	COM	46625H100	4,014	35,905	SH		DFND	1	35,905	0	0
ALTRIA GROUP INC	COM	02209S103	1,681	35,512	SH		DFND	1	35,512	0	0
EMERSON ELEC CO	COM	291011104	2,955	44,291	SH		DFND	1	44,291	0	0

TEXAS INSTRS INC	COM	882508104	2,180	18,993	SH	DFND	1	18,993	0	0
JOHNSON & JOHNSON	COM	478160104	3,376	24,237	SH	DFND	1	24,237	0	0
AIR PRODS & CHEMS IN	COM	009158106	2,485	10,977	SH	DFND	1	10,977	0	0
VERIZON COMMUNICATIO	COM	92343V104	1,504	26,322	SH	DFND	1	26,322	0	0
US BANCORP DEL	COM NEW	902973304	1,853	35,357	SH	DFND	1	35,357	0	0
VALERO ENERGY CORP N	COM	91913Y100	1,365	15,944	SH	DFND	1	15,944	0	0
HUNTINGTON BANCSHARE	COM	446150104	1,247	90,245	SH	DFND	1	90,245	0	0
PEPSICO INC	COM	713448108	2,562	19,544	SH	DFND	1	19,544	0	0
PFIZER INC	COM	717081103	1,622	37,437	SH	DFND	1	37,437	0	0
AMGEN INC	COM	031162100	1,427	7,741	SH	DFND	1	7,741	0	0
BROADCOM INC	COM	11135F101	1,676	5,822	SH	DFND	1	5,822	0	0
CUMMINS INC	COM	231021106	1,624	9,479	SH	DFND	1	9,479	0	0
NUCOR CORP	COM	670346105	1,183	21,470	SH	DFND	1	21,470	0	0
V F CORP	COM	918204108	1,300	14,885	SH	DFND	1	14,885	0	0
KIMBERLY CLARK CORP	COM	494368103	1,483	11,130	SH	DFND	1	11,130	0	0
INTEL CORP	COM	458140100	1,481	30,940	SH	DFND	1	30,940	0	0
BEST BUY INC	COM	086516101	1,729	24,790	SH	DFND	1	24,790	0	0
3M CO	COM	88579Y101	1,775	10,239	SH	DFND	1	10,239	0	0
MARATHON PETE CORP	COM	56585A102	1,172	20,971	SH	DFND	1	20,971	0	0
PHILIP MORRIS INTL I	COM	718172109	2,015	25,657	SH	DFND	1	25,657	0	0
QUALCOMM INC	COM	747525103	2,941	38,656	SH	DFND	1	38,656	0	0
ABBVIE INC	COM	00287Y109	2,284	31,410	SH	DFND	1	31,410	0	0
ILLINOIS TOOL WKS IN	COM	452308109	1,361	9,025	SH	DFND	1	9,025	0	0
MCDONALDS CORP	COM	580135101	2,175	10,472	SH	DFND	1	10,472	0	0
CISCO SYS INC	COM	17275R102	1,375	25,119	SH	DFND	1	25,119	0	0
PRINCIPAL FINL GROUP	COM	74251V102	1,430	24,703	SH	DFND	1	24,703	0	0
PPG INDS INC	COM	693506107	1,004	8,600	SH	DFND	1	8,600	0	0
PUBLIC STORAGE	COM	74460D109	191	800	SH	DFND	1	800	0	0
STRYKER CORP	COM	863667101	1,686	8,200	SH	DFND	1	8,200	0	0
DOW INC	COM	260557103	64	1,300	SH	DFND	1	1,300	0	0
CONOCOPHILLIPS	COM	20825C104	953	15,621	SH	DFND	1	15,621	0	0
EXXON MOBIL CORP	COM	30231G102	1,896	24,740	SH	DFND	1	24,740	0	0
WABTEC CORP	COM	929740108	1	14	SH	DFND	1	14	0	0
FORTINET INC	COM	34959E109	54	700	SH	DFND	1	700	0	0
PHILLIPS 66	COM	718546104	731	7,811	SH	DFND	1	7,811	0	0
GOODYEAR TIRE & RUBR	COM	382550101	106	6,900	SH	DFND	1	6,900	0	0
SCHLUMBERGER LTD	COM	806857108	83	2,081	SH	DFND	1	2,081	0	0
RESIDEO TECHNOLOGIES	COM	76118Y104	35	1,583	SH	DFND	1	1,583	0	0

EBAY INC	COM	278642103	233	5,900	SH	DFND	1	5,900	0	0
CORTEVA INC	COM	22052L104	38	1,300	SH	DFND	1	1,300	0	0
UNITEDHEALTH GROUP I	COM	91324P102	2,967	12,160	SH	DFND	1	12,160	0	0
RED HAT INC	COM	756577102	113	600	SH	DFND	1	600	0	0
ALPHABET INC	CAP STK CL C	02079K107	1,408	1,303	SH	DFND	1	1,303	0	0
APPLE INC	COM	037833100	7,541	38,100	SH	DFND	1	38,100	0	0
GENERAL DYNAMICS COR	COM	369550108	436	2,400	SH	DFND	1	2,400	0	0
PAYCHEX INC	COM	704326107	140	1,700	SH	DFND	1	1,700	0	0
TAKE-TWO INTERACTIVE	COM	874054109	23	200	SH	DFND	1	200	0	0
VERTEX PHARMACEUTICA	COM	92532F100	165	899	SH	DFND	1	899	0	0
INTERNATIONAL BUSINE	COM	459200101	847	6,141	SH	DFND	1	6,141	0	0
DUPONT DE NEMOURS IN	COM	26614N102	98	1,299	SH	DFND	1	1,299	0	0
ELECTRONIC ARTS INC	COM	285512109	20	200	SH	DFND	1	200	0	0
GENERAL MLS INC	COM	370334104	32	600	SH	DFND	1	600	0	0
ADOBE INC	COM	00724F101	442	1,500	SH	DFND	1	1,500	0	0
PPL CORP	COM	69351T106	94	3,040	SH	DFND	1	3,040	0	0
WELLS FARGO CO NEW	COM	949746101	1,178	24,900	SH	DFND	1	24,900	0	0
HARRIS CORP DEL	COM	413875105	299	1,580	SH	DFND	1	1,580	0	0
LINDE PLC	SHS	G5494J103	261	1,300	SH	DFND	1	1,300	0	0
DISNEY WALT CO	COM DISNEY	254687106	1,370	9,810	SH	DFND	1	9,810	0	0
AUTOMATIC DATA PROCE	COM	053015103	446	2,700	SH	DFND	1	2,700	0	0
EXELON CORP	COM	30161N101	638	13,300	SH	DFND	1	13,300	0	0
CLOROX CO DEL	COM	189054109	107	700	SH	DFND	1	700	0	0
GENERAL ELECTRIC CO	COM	369604103	28	2,700	SH	DFND	1	2,700	0	0
BRIGHTHOUSE FINL INC	COM	10922N103	0	2	SH	DFND	1	2	0	0
CITIGROUP INC	COM NEW	172967424	306	4,375	SH	DFND	1	4,375	0	0
MCKESSON CORP	COM	58155Q103	188	1,400	SH	DFND	1	1,400	0	0
COMCAST CORP NEW	CL A	20030N101	1,294	30,600	SH	DFND	1	30,600	0	0
ROCKWELL AUTOMATION	COM	773903109	115	700	SH	DFND	1	700	0	0
PARKER HANNIFIN CORP	COM	701094104	1,020	6,000	SH	DFND	1	6,000	0	0
ADVANCED MICRO DEVIC	COM	007903107	76	2,500	SH	DFND	1	2,500	0	0
AMERIPRISE FINL INC	COM	03076C106	503	3,466	SH	DFND	1	3,466	0	0
AVALONBAY CMNTYS INC	COM	053484101	102	500	SH	DFND	1	500	0	0
KOHL'S CORP	COM	500255104	92	1,935	SH	DFND	1	1,935	0	0
MICRON	COM	595112103	174	4,500	SH	DFND	1	4,500	0	0

TECHNOLOGY IN AMPHENOL CORP NEW	CL A	032095101	173	1,800	SH	DFND	1	1,800	0	0
MOTOROLA SOLUTIONS I	COM NEW	620076307	290	1,742	SH	DFND	1	1,742	0	0
NORTHERN TR CORP	COM	665859104	108	1,200	SH	DFND	1	1,200	0	0
REPUBLIC SVCS INC	COM	760759100	147	1,700	SH	DFND	1	1,700	0	0
WASTE MGMT INC DEL	COM	94106L109	300	2,600	SH	DFND	1	2,600	0	0
DAVITA INC	COM	23918K108	56	1,000	SH	DFND	1	1,000	0	0
GARRETT MOTION INC	COM	366505105	15	950	SH	DFND	1	950	0	0
ANTHEM INC	COM	036752103	2,399	8,500	SH	DFND	1	8,500	0	0
ACTIVISION BLIZZARD	COM	00507V109	118	2,500	SH	DFND	1	2,500	0	0
ORACLE CORP	COM	68389X105	562	9,857	SH	DFND	1	9,857	0	0
BECTON DICKINSON & C	COM	075887109	228	906	SH	DFND	1	906	0	0
WHIRLPOOL CORP	COM	963320106	363	2,550	SH	DFND	1	2,550	0	0
HOST HOTELS & RESORT	COM	44107P104	58	3,207	SH	DFND	1	3,207	0	0
FISERV INC	COM	337738108	292	3,200	SH	DFND	1	3,200	0	0
FACEBOOK INC	CL A	30303M102	1,894	9,813	SH	DFND	1	9,813	0	0
HARTFORD FINL SVCS G	COM	416515104	162	2,900	SH	DFND	1	2,900	0	0
FIFTH THIRD BANCORP	COM	316773100	117	4,200	SH	DFND	1	4,200	0	0
STARBUCKS CORP	COM	855244109	1,573	18,760	SH	DFND	1	18,760	0	0
ABBOTT LABS	COM	002824100	1,262	15,000	SH	DFND	1	15,000	0	0
AGILENT TECHNOLOGIES	COM	00846U101	134	1,800	SH	DFND	1	1,800	0	0
ADVANSIX INC	COM	00773T101	9	380	SH	DFND	1	380	0	0
CAPITAL ONE FINL COR	COM	14040H105	181	2,000	SH	DFND	1	2,000	0	0
COGNIZANT TECHNOLOGY	CL A	192446102	190	3,000	SH	DFND	1	3,000	0	0
NVIDIA CORP	COM	67066G104	476	2,900	SH	DFND	1	2,900	0	0
RAYTHEON CO	COM NEW	755111507	122	700	SH	DFND	1	700	0	0
VISA INC	COM CL A	92826C839	297	1,714	SH	DFND	1	1,714	0	0
CBS CORP NEW	CL B	124857202	180	3,600	SH	DFND	1	3,600	0	0
UNITED TECHNOLOGIES	COM	913017109	742	5,700	SH	DFND	1	5,700	0	0
BRISTOL MYERS SQUIBB	COM	110122108	221	4,870	SH	DFND	1	4,870	0	0
CATERPILLAR INC DEL	COM	149123101	532	3,900	SH	DFND	1	3,900	0	0
BERKSHIRE HATHAWAY I	CL A	084670108	637	2	SH	DFND	1	2	0	0
ALPHABET INC	CAP STK CL A	02079K305	1,408	1,300	SH	DFND	1	1,300	0	0
AUTOZONE INC	COM	053332102	627	570	SH	DFND	1	570	0	0

MONDELEZ INTL INC	CL A	609207105	396	7,349	SH	DFND	1	7,349	0	0
PAYPAL HLDGS INC	COM	70450Y103	675	5,900	SH	DFND	1	5,900	0	0
E TRADE FINANCIAL CO	COM NEW	269246401	216	4,850	SH	DFND	1	4,850	0	0
VORNADO RLTY TR	SH BEN INT	929042109	58	904	SH	DFND	1	904	0	0
SUNTRUST BKS INC	COM	867914103	163	2,600	SH	DFND	1	2,600	0	0
PACCAR INC	COM	693718108	157	2,190	SH	DFND	1	2,190	0	0
YUM BRANDS INC	COM	988498101	2,700	24,400	SH	DFND	1	24,400	0	0
ALLERGAN PLC	SHS	G0177J108	0	1	SH	DFND	1	1	0	0
METLIFE INC	COM	59156R108	387	7,800	SH	DFND	1	7,800	0	0
BAXTER INTL INC	COM	071813109	262	3,200	SH	DFND	1	3,200	0	0
AMAZON COM INC	COM	023135106	3,295	1,740	SH	DFND	1	1,740	0	0
SIMON PPTY GROUP INC	COM	828806109	242	1,512	SH	DFND	1	1,512	0	0
COLGATE PALMOLIVE CO	COM	194162103	100	1,400	SH	DFND	1	1,400	0	0
XILINX INC	COM	983919101	165	1,400	SH	DFND	1	1,400	0	0
NORTHROP GRUMMAN COR	COM	666807102	549	1,700	SH	DFND	1	1,700	0	0
ENTERGY CORP NEW	COM	29364G103	175	1,700	SH	DFND	1	1,700	0	0
CIGNA CORP NEW	COM	125523100	615	3,903	SH	DFND	1	3,903	0	0
AMERICAN TOWER CORP	COM	03027X100	429	2,100	SH	DFND	1	2,100	0	0
INTUIT	COM	461202103	444	1,700	SH	DFND	1	1,700	0	0
UNION PACIFIC CORP	COM	907818108	2,875	17,000	SH	DFND	1	17,000	0	0
ANADARKO PETE CORP	COM	032511107	615	8,720	SH	DFND	1	8,720	0	0
TWITTER INC	COM	90184L102	112	3,200	SH	DFND	1	3,200	0	0
DEERE & CO	COM	244199105	1,965	11,860	SH	DFND	1	11,860	0	0
TJX COS INC NEW	COM	872540109	465	8,800	SH	DFND	1	8,800	0	0
DUKE ENERGY CORP NEW	COM NEW	26441C204	122	1,385	SH	DFND	1	1,385	0	0
SYSCO CORP	COM	871829107	321	4,540	SH	DFND	1	4,540	0	0
CALIFORNIA RES CORP	COM NEW	13057Q206	1	40	SH	DFND	1	40	0	0
BOEING CO	COM	097023105	1,420	3,900	SH	DFND	1	3,900	0	0
SALESFORCE COM INC	COM	79466L302	455	3,000	SH	DFND	1	3,000	0	0
NETFLIX INC	COM	64110L106	661	1,800	SH	DFND	1	1,800	0	0
HONEYWELL INTL INC	COM	438516106	1,659	9,500	SH	DFND	1	9,500	0	0
DOMINION ENERGY INC	COM	25746U109	147	1,900	SH	DFND	1	1,900	0	0
BOSTON PROPERTIES IN	COM	101121101	103	800	SH	DFND	1	800	0	0
CITRIX SYS INC	COM	177376100	88	900	SH	DFND	1	900	0	0
EQUITY RESIDENTIAL	SH BEN INT	29476L107	106	1,400	SH	DFND	1	1,400	0	0
BANK NEW YORK MELLON	COM	064058100	173	3,914	SH	DFND	1	3,914	0	0

BANK AMER CORP	COM	060505104	1,762	60,750	SH	DFND	1	60,750	0	0
NIKE INC	CL B	654106103	2,183	26,000	SH	DFND	1	26,000	0	0
CHARTER COMMUNICATIO	CL A	16119P108	126	319	SH	DFND	1	319	0	0
THERMO FISHER SCIENT	COM	883556102	441	1,500	SH	DFND	1	1,500	0	0
ARCHER DANIELS MIDLA	COM	039483102	1,108	27,147	SH	DFND	1	27,147	0	0
OCCIDENTAL PETE CORP	COM	674599105	216	4,300	SH	DFND	1	4,300	0	0
BIOGEN INC	COM	09062X103	351	1,500	SH	DFND	1	1,500	0	0
S&P GLOBAL INC	COM	78409V104	387	1,700	SH	DFND	1	1,700	0	0
AT&T INC	COM	00206R102	767	22,888	SH	DFND	1	22,888	0	0
ANALOG DEVICES INC	COM	032654105	167	1,478	SH	DFND	1	1,478	0	0
CABOT OIL & GAS CORP	COM	127097103	326	14,200	SH	DFND	1	14,200	0	0
COSTCO WHSL CORP NEW	COM	22160K105	951	3,600	SH	DFND	1	3,600	0	0
QUEST DIAGNOSTICS IN	COM	74834L100	672	6,600	SH	DFND	1	6,600	0	0
CHEVRON CORP NEW	COM	166764100	1,664	13,375	SH	DFND	1	13,375	0	0
CVS HEALTH CORP	COM	126650100	1,060	19,449	SH	DFND	1	19,449	0	0
NEXTERA ENERGY INC	COM	65339F101	406	1,980	SH	DFND	1	1,980	0	0
AMERICAN EXPRESS CO	COM	025816109	1,799	14,571	SH	DFND	1	14,571	0	0
MICROSOFT CORP	COM	594918104	3,796	28,339	SH	DFND	1	28,339	0	0
KLA-TENCOR CORP	COM	482480100	106	900	SH	DFND	1	900	0	0
INTUITIVE SURGICAL I	COM NEW	46120E602	472	900	SH	DFND	1	900	0	0
FORTIVE CORP	COM	34959J108	1,387	17,020	SH	DFND	1	17,020	0	0
DANAHER CORPORATION	COM	235851102	4,865	34,040	SH	DFND	1	34,040	0	0