FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB Number: Estimated average burden hours per response: 0.5

OMB APPROVAL

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Morrison Cynthia						2. Issuer Name and Ticker or Trading Symbol Employers Holdings, Inc. [EIG]								heck a	ll appli Directo			10% Ov	vner
(Last) (First) (Middle) 10375 PROFESSIONAL CIRCLE						3. Date of Earliest Transaction (Month/Day/Year) 03/30/2010									below)	r (give title) 'P, Corporate		Other (s below) Controller	specify
(Street) RENO NV 89521 (City) (State) (Zip)					-	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - No	n-Deriv	ative	Sec	curitie	s Acc	quired,	Dis	posed o	of, or Be	neficia	ally O	wnec	l			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						ar) E	2A. Deemed Execution Date, f any (Month/Day/Year)		3. Transa Code (I 8)			Securities Acquired (A) isposed Of (D) (Instr. 3, 4					6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) or (D) Pr		Ti					(Instr. 4)
Common Stock, par value \$0.01 03/30/						2010			A		3,200) ⁽¹⁾ A \$		00	14,	14,379		D	
		7	able II -									, or Ber ble sec			ned				•
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeming Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)		ı of E		6. Date Exercisab Expiration Date (Month/Day/Year)		Amount of		of S Ig Security	Deriv Secu (Inst	3. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)
					Code	v	(A)		Date Exercisab		xpiration ate	Title	Amoun or Numbe of Shares	1					
Employee Stock Option (right to	\$15.31	03/30/2010			A		9,600		(2)	0	3/30/2017	Common Stock, par value	9,600	\$0	0.00	9,600		D	

Explanation of Responses:

- 1. Represents restricted stock units that vest in four equal annual installments beginning on March 30, 2011 (subject to the reporting person's continued employment on such dates).
- 2. The option vests in four equal annual installments beginning on March 30, 2011 (subject to the reporting person's continued employment on such dates).

Remarks:

buv)

/s/ Cynthia Morrison ** Signature of Reporting Person

\$0.01

03/31/2010

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.