FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPRO	VAL						
	OMB Number:	3235-0287						
l	Estimated average burden							
l	hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Welch Martin J						2. Issuer Name and Ticker or Trading Symbol Employers Holdings, Inc. [EIG]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) 10375 PF	(Fii		3. Date of Earliest Transaction (Month/Day/Year) 11/30/2009								X Officer (give title below) President and CO			Oth	er (specify w)				
(Street) RENO NV 89521 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv Line) X	vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tabl	le I - No	on-Deriv	ative	Sec	uritie	s Ac	quired	l, Di	sposed o	f, or B	enefic	cially	Owne	ed			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						Execution Da		Date,	3. Transaction Code (Instr. 8)			s Acquired (A) or of (D) (Instr. 3, 4 ar			Secur Benef Owne	icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect t Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price			action(s) 3 and 4)		(Instr. 4)	
Common	Stock, par v	2009	009		P		51	A	\$1	L4.7	3	86,059	D						
Common Stock, par value \$0.01 11/30/2						009			P		500	Α	\$14	.7099	3	86,559	D		
Common	2009)09		P		100	A	\$1	\$14.71		86,659	D							
Common Stock, par value \$0.01 11/30/20						009			P		349	A	\$1	\$14.72		37,008			
		Та	able II -								osed of, convertib				vned			`	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Dee Executive if any (Month/)	on Date,	4. Transa Code (8)		5. Nu of Deriv Secu Acqu (A) or Dispo of (D) (Instr and 5	ative rities ired osed			ite	Amount of Securities Underlying Derivative Security (Instr. and 4) Amount of Numbe of Numbe of Security Instr.		Deri Seci (Inst		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form: Direct (D) or Indirec (I) (Instr.	Beneficial Ownership t (Instr. 4)	

Explanation of Responses:

Remarks:

<u>/s/ Martin J. Welch</u>
** Signature of Reporting Person

11/30/2009

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).