FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549	
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STATEMENT	OF	CHANGES	IN BEI	NEFICIAL	OWNER	SHIP

ı	OMB APPRO	DVAL
	OMB Number:	3235-0287
ı	Estimated average burd	en
	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Welch Martin J						2. Issuer Name and Ticker or Trading Symbol Employers Holdings, Inc. [EIG]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
, vvcicii i	viureni 5													X	Direct Offic	ctor er (give title		10% O	wner (specify
(Last) (First) (Middle)						3. Date of Earliest Transaction (Month/Day/Year) 05/12/2009									X below) President and COO,			below)	
103/5 PF	ROFESSIO	NAL CIRCLE													resid	cin una oc	JO, LIC		
(Street)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)						
RENO	NV	<i>J</i> 8	89521											X	X Form filed by One Reporting Person Form filed by More than One Reporting				
(City)	(St	ate) (2	Zip)												Pers		ie iliali C	ле кер	orung
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day)					Execution Date,		3. 4. Securitie Disposed Code (Instr. 8)		es Acquired (A) o Of (D) (Instr. 3, 4 a		and 5) Secur Benet Owne		icially d Following	6. Owner Form: D (D) or Ir (I) (Insti	Direct ndirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)			(111301.4)		
Common	Stock, par v	alue \$0.01/		05/12/2	2009	9 P 1,500 A \$10.1653 18,5		.8,500	3,500 D										
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Dee Execution if any (Month/					rative rities ired r osed)	6. Date Exerc Expiration Da (Month/Day/Y		ite	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		8. Price of Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	n: ct (D) ndirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
	Code		v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amount or Number of Shares									

Explanation of Responses:

Remarks:

/s/ Martin J. Welch

05/12/2009

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.